

Total Warrior Age Restrictions

Please note the following conditions apply for participants under 18:

12km course – Minimum age 16. Participants aged 16 or 17 years old on the day of the event must run with an accompanying adult aged 18+

6km course – Minimum age 14. Participants aged 14 or 15 years old on the day of the event must run with an accompanying adult aged 18+

Junior Warrior Course – Minimum age 6. Participants aged 6 or 7 years old on the day of the event must run with an accompanying adult aged 18+

Accompanying adults must also purchase a charity place